

# Experience-based Food Insecurity and Agricultural Productivity in Nigeria

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## Abstract

In this study, we use panel data, three waves (2010-2016), to investigate the impact of agricultural productivity on experience-based measures of food security among Nigerian households. Experience-based measures of food security capture the diversity of diets, food shortage, and other aspects of food security, including psychological and behavioral manifestations of insecure food access. In Nigeria, the agricultural sector contributed about 22.35% to the nation's gross domestic product during 2021. In addition, almost 70% of Nigerians engage in farming for subsistence purposes, with climate change and poor irrigation systems affecting their agricultural productivity. Consistent with previous work linking higher agricultural productivity with better welfare outcomes among Nigerian households, we find that an increase in agricultural productivity increases food security as measured by experience-based indicators. Specifically, a 10% growth in agricultural productivity decreases the likelihood of (i) relying on less preferred foods, (ii) limiting the variety of food eaten, and (iii) limiting portion size at mealtimes by 3.7%, 3.9%, and 1.9%, respectively.

**Keywords:** weather shocks, agricultural productivity, food insecurity, experience-based.

**JEL Codes:** C54, D12, O12, O13, Q12, Q18.

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# 1 Experience-based Food Insecurity and Agricultural Productivity in Nigeria

## 3 1. Introduction

5 Many Sub-Saharan African (SSA) countries still experience extreme hunger<sup>1</sup> and food  
6 shortages. As of 2020, Nigeria is the most populated country in SSA, with an estimated population  
7 of 206 million people (World Bank, 2021a). It is estimated that 39% of Nigerians lived below the  
8 international poverty line of \$1.90 per person per day (2011 PPP) in 2018/19; while 32% had  
9 consumption levels between \$1.90 and \$3.20 per person per day (World Bank, 2021b). Despite  
10 being one of the largest crude oil producers globally, oil activities have not helped combat the  
11 country's high levels of food insecurity (Amare, Abay, et al., 2021; George et al., 2020). Given that  
12 Nigerians' current consumption levels make them vulnerable to extreme poverty when weather  
13 shocks occur, other ongoing crises can push 10 million additional Nigerians into poverty by 2022,  
14 exacerbating food insecurity in the country (World Bank, 2021b).

15 Food security, as defined by the Food and Agriculture Organization FAO (1996), is "a  
16 situation that exists when all people, at all times, have physical, social and economic access to  
17 sufficient, safe and nutritious food that meets their dietary needs and food preferences for an  
18 active and healthy life." To classify households as food-insecure, one of the most frequently used  
19 measures is experience-based indicators<sup>2</sup>. These indicators capture the diversity of diets, food  
20 shortage, and other aspects of food security, including psychological and behavioral

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<sup>1</sup> Hunger is defined as the feeling of discomfort that is the major body's signal that it is in dire need of food. By definition, hunger and food go hand in hand, but concepts such as calorie deficiencies, micronutrient deficiencies, and related health problems also guide the discussion around hunger (Gödecke et al., 2018).

<sup>2</sup> These indicators are popular due to their lower costs of collection (Broussard & Tandon, 2016), their easiness to conduct and analyze, and their ease of interpretation and understanding by policymakers (INDDEx International Dietary Data Expansion Project, 2022). Other less popular indicators include Nutrition-Based Measures (e.g. Food Consumption Score or Dietary Diversity Score).

21 manifestations of insecure food access. (Hossain et al., 2019). They help classify households as  
22 food-insecure if they undergo certain conditions or behaviors related to insufficient food.

23 For many rural households in Nigeria, agricultural production remains a natural means to  
24 fight food insecurity. After all, agricultural activities help create rural jobs, food supply, and higher  
25 incomes for rural families (Christiaensen et al., 2011; Collier & Dercon, 2014). Thus, the  
26 importance of agriculture suggests a strong link between farming households' agricultural yields  
27 and food security (Arimond & Ruel, 2004).

28 The connections between agriculture, food security, and other related issues in Nigeria,  
29 including conflict, have been investigated by various recent studies. Amare et al. (2021) explore  
30 how climate-induced variability in agricultural productivity affects household consumption, as  
31 measured by aggregate food and nonfood expenditures. George et al. (2020) does not focus on  
32 agriculture, however, they focus on analyzing how armed conflicts impact food security, as  
33 measured by experience-based indicators. Similarly, Amare et al. (2018) investigate the impact  
34 of rainfall shocks on agricultural productivity and household consumption, also measured as  
35 aggregate food and nonfood expenditures. Taken together, these studies present a wide-ranging  
36 view of food security-related issues during recent years in Nigeria. However, the relationship  
37 between households' agricultural productivity and yields, with standard measures of food  
38 security used by international development agencies, such as experience-based indicators, has  
39 received lesser attention.

40 This article aims to fill this gap in the literature and complement the studies mentioned  
41 above. Our approach is similar in spirit to the work of Amare et al. (2018, 2021); however, our  
42 focus is exclusively on experience-based measures of food security that assess access to

43 adequate variety, quantity, and quality of food. To investigate the role of rural households'  
44 agricultural output value and productivity on standard measures of food security, we use data  
45 from the living standards measurement study—integrated surveys on agriculture (LSMS–ISA).  
46 This survey data provides information on various food security measures for a panel of  
47 households across three different waves from 2010–2016. Rather than using standard output or  
48 yield measurement, this study uses a monetary unit of agricultural output to better measure  
49 output and productivity (Carletto et al., 2013; Desiere & Jolliffe, 2018).

50 As a robustness check, and to address endogeneity concerns related to unobserved time-  
51 invariant and time-variant household characteristics, we use average daily precipitation (in  
52 mm/day) and average degree days—a novel measure of cumulative exposure to heat—as  
53 proxies for estimating the exogenous variability in agricultural output and agricultural  
54 productivity (Aragón et al., 2021). Average precipitation and average degree days serve as  
55 suitable instruments because irrigation covers only 2.5% of the land of the average farmer in our  
56 sample, highlighting the importance of weather for agricultural production in Nigeria. We link the  
57 LSMS-ISA nationally representative household surveys with weather satellite imagery at the local  
58 government area (LGA) level.

59 Our study finds that an increase in agricultural productivity positively affects food security  
60 circumstances for rural households in Nigeria. Specifically, a 10% increase in agricultural  
61 productivity (i) decreases the probability that households would have to rely on less preferred  
62 foods by 3.7%, (ii) decreases the probability that households would have to limit the variety of  
63 foods eaten by 3.9%, and (iii) decreases the probability that households would have to limit the

64 portion size of meals consumed by 1.9%. Similar results were found for the impact of agricultural  
65 output value on the same measures of food security.

66 This study makes several contributions to our understanding of the role of agriculture on  
67 food security. First, we contribute to the literature that examines the role of agricultural  
68 productivity and proceeds to link it with experience-based food security outcomes in Sub-  
69 Saharan Africa (SSA). Previous studies focused on the impact of agricultural productivity on total  
70 consumption have not investigated if households may be increasing or decreasing the diversity  
71 of their consumption or relying on less preferred diets (see, for example, Amare et al. 2018,  
72 2021). Thus, our results shed light on the quantity-quality dynamics between agricultural  
73 productivity and food security.

74 Second, our results underline the importance of increasing agricultural productivity to  
75 sustain food security throughout the country. As we estimate the positive impacts of households'  
76 agricultural productivity on food security, our results provide critical insights to development  
77 agencies working towards increasing agricultural productivity, food, and nutrition security in the  
78 region. Finally, we build the credibility of our findings by using several experience-based food  
79 security measures in conjunction with a novel instrument to mitigate endogeneity concerns. In  
80 contrast to much of the literature that uses rainfall or temperature shocks<sup>3</sup> as proxies for  
81 estimating the exogenous variability in agricultural productivity, we use a continuous measure of  
82 cumulative exposure to heat during the growing season.

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<sup>3</sup> Rainfall and/or temperature shocks are typically constructed using the standardized deviation of a given year's measure from historical averages, which ultimately are used as dummy variables indicating negative or positive shocks.



104 value of domestic production due to the lack of adequate power supply<sup>5</sup>, storage, transportation,  
105 and irrigation infrastructure (FAO, 2021). The situation is aggravated by current conflicts across  
106 the country, including: the Boko Haram conflict in the North East, farmer-herder clashes in the  
107 fertile Middle Belt and North West, Militancy in the Niger Delta rooted in anti-oil movements,  
108 and long-standing separatist violence in the South East

### 109 **2.1 Agriculture, Food Security, and Climate Change in Nigeria.**

110 Nigeria has four primary agro-ecological zones: tropic-warm/semiarid, tropic-warm/subhumid,  
111 tropic-warm/humid, and tropic-cool/subhumid. Southern Nigeria is predominantly classified as  
112 tropic-warm/subhumid with more favorable conditions for agriculture, having more rainfall and  
113 longer growing days than the North. Most rural farm households grow staple crops, but it is not  
114 uncommon for farmers to grow at least one cash crop. Nigeria's cash crops include groundnut,  
115 cotton, cocoa, rubber, cotton, and oil palm. Cash crop activities are much more common in the  
116 South, while livestock activities are much more common in the North, however, very few  
117 households are engaged in fishing (World Bank, 2014).

118 Over 80 percent of the labor force in Nigeria depends on the informal economy, mainly  
119 the agriculture sector. The agricultural sector has the highest poverty incidence in the country  
120 (Phillip et al., 2009), therefore, improving the agricultural sector in Nigeria is vital to increasing  
121 food security, especially in rural areas (World Bank, 2014). As commonly found in other low-and-  
122 middle-income countries (LMIC), the inverse-land size productivity relationship has been  
123 observed in Nigeria. That is, an increase in harvested land size likely decreases agricultural  
124 productivity, all else being equal (Amare et al., 2018; World Bank, 2014). Likewise, having larger

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<sup>5</sup> More than 80 million Nigerians still lack access to electricity (World Bank, 2020b).

125 land sizes are not positively correlated with a lower likelihood of being poor in Nigeria (World  
126 Bank, 2014).

127         Agricultural productivity in Nigeria is significantly constrained by poor access to input and  
128 output markets, land degradation, low investment in agricultural research, and major gaps in  
129 transportation and irrigation (Ogunlela & Ogungbile, 2006; Phillip et al., 2009). Only 30 percent  
130 of roads are paved (compared with 50 percent in LMIC), and only 1 percent of croplands are  
131 irrigated (World Bank, 2020a). There are also substantial gender gaps that significantly affect  
132 women's productivity as farmers and restrict their ability to engage in agribusiness. Some of the  
133 associated issues related to gender gaps include crop choices, access to productive farm labor,  
134 access to productive non-labor inputs such as fertilizer, as well as women's lower access to  
135 capital/finance, skills, and segregation, with women operating in lower-paying sectors and  
136 segments of the agricultural value chains (World Bank, 2020a).

137         Climate-related shocks, including droughts, floods, heatwaves, shifts in the timing of the  
138 rainy season, and increasing rainfall intensity, are commonly increasing in Nigeria. According to  
139 Great Britain's Department for International Development (2010), Nigeria is one of the ten most  
140 vulnerable countries to the impacts of climate change and natural hazards. Still, this vulnerability  
141 is not uniform across the country and its economic sectors. The more arid northern savanna  
142 ecosystems and climate-sensitive industries—including agriculture, forestry, oil, and gas  
143 extraction— are more at risk. Implications of climate change for Nigeria's food and agricultural  
144 sector include a further reduction in productivity, a surge in crop failures, increasing conflicts  
145 between pastoralists and sedentary farmers, and increased food prices, all of which can result in

146 increased food insecurity. Estimates suggest that climate change inaction could cost Nigeria a  
147 loss of US\$100-460 billion (World Bank, 2020a).

148 To support small farmers improve their access to inputs and technology and increase their  
149 income, the Government of Nigeria, with the support of other international institutions, has  
150 implemented various programs during the last decade. Some examples include Fadama 3, the  
151 Commercial Agriculture Development Project, and the West Africa Agriculture Productivity  
152 Project (WAAPP), which have helped farmers receive improved agricultural technology.  
153 However, and despite these efforts, food insecurity has deteriorated rapidly over the last decades  
154 in the country. According to FAO (2020), the prevalence of undernutrition in Nigeria increased  
155 from 7.4 percent in 2004-2006 to 12.6 percent in 2017-2019. In line with vulnerability and  
156 poverty rates, food insecurity is more pronounced in the north of the country, with most parts of  
157 the North East classified as IPC 3 and IPC 4 according<sup>6</sup> to The Famine Early Warning Systems  
158 Network (2021).

### 159 **3. Data and Descriptive Statistics**

160  
161 This study uses the 2010–2011, 2012–13, and 2015–16 panel household datasets from the  
162 Nigeria Living Standards Measurement Study - Integrated Surveys on Agriculture (LSMS-ISA). We  
163 combine these datasets with satellite weather information to construct household-specific  
164 climatic variables for our empirical analysis. The Nigeria LSMS-ISA is nationally representative and  
165 geo-referenced. We use these LSMS-ISA to obtain information on (i) household and farm  
166 characteristics, including socioeconomic characteristics, demographic characteristics, and plot

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<sup>6</sup> The Integrated Phase Classification (IPC) is a five-phase scale that describes the severity of food emergencies. It is intended to help governments and other humanitarian actors understand a crisis (or potential crisis) and take action. IPC 1 = minimal; IPC 2 = stressed; IPC 3 = crisis; IPC 4 = emergency; IPC 5 = famine.

167 ownership; (ii) agricultural operations, including irrigation, planted area, labor, and inputs use;  
168 and (iii) farm outcomes, including agricultural production and prices. From the LSMS-ISA we also  
169 obtained information on different experience-based food security measures. Specifically,  
170 households reported whether during the last 7 days they had to (a) rely on less preferred foods,  
171 (b) limit the variety of food eaten, and (c) limit the portion size at mealtimes. We use these binary  
172 responses as dependent variables in our empirical analysis. As discussed in George et al. (2020),  
173 these experience-based food security measures capture different aspects of food security,  
174 including the diversity of diets, food shortage, and other severe forms of food insecurity.

175 To compute a measure of real agricultural output for each household, we follow Aragón  
176 et al. (2021) and construct a Laspeyres index using the household's quantity produced of each  
177 crop and baseline local prices. As local prices, we use the median price of each crop at the six  
178 different geopolitical zones of Nigeria<sup>7</sup> in 2010. We measure agricultural productivity as the value  
179 of real agricultural output per hectare (ha).<sup>8</sup>

180 Weather data for the growing season—ranging from March to August when the average  
181 farmer in our sample plants about 90% of the total cultivated area—was gathered from two  
182 sources. First, the high-resolution satellite temperature measures were obtained from the  
183 MOD11C1 product by NASA (Wan et al., 2021). We use the Terra satellite's observations of  
184 morning land surface temperature with a resolution of 0.05x0.05 degrees. Second, rainfall data

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<sup>7</sup> North Central, North East, North West, South East, South South (also known as Niger Delta region), and South West are the current six geopolitical zones recognized in Nigeria's constitution and function as federating units.

<sup>8</sup> The 2010 Nigeria LSMS-ISA does not provide data on hired labor expenditures in the planting season. We estimate this values by multiplying 0.6 times this wave's hired labor expenditures in the harvesting season. The rationale behind this approximation comes from the median ratio of "planting hired labor expenditures to harvesting hired labor expenditures" in the 2012, 2015, and 2018 LSMA-ISA surveys is approximately 60%. For our analysis we do not consider data from the 2018 surveys, as this wave used a recall period of 30 days to measure experience-based food security indicators.

185 consist of monthly average rainfall at a resolution of 0.05x0.05 degree bins that were obtained  
186 from the Climate Hazards Group InfraRed Precipitation with Station CHIRPS (Funk et al., 2015).  
187 We drop the observations that do not report the variables required for estimating each of our  
188 empirical models.

189 Table 1 presents summary statistics of the key variables for household and farm  
190 characteristics in our sample. Most farmers are male with an average age of 50 years and an  
191 average farm size of around 1 hectare with low educational attainment (4 years). Most rely on  
192 domestic labor, and irrigation is practically inexistent. This signals that weather affects  
193 production and productivity for most farmers in Nigeria, and therefore, affects the country's food  
194 security.

195 ***[Insert Table 1 here]***

196 Table 2 presents summary statistics of households' agricultural productivity and output  
197 value grouped by year and the various food insecurity outcomes we use for our study. Overall,  
198 we see food insecurity, as measured by experience-based indicators (outcomes), rising during  
199 the 2010-2016 period. For example, the proportion of households affirming they have relied on  
200 less preferred foods rose from 17% in 2010/11 to 25% in 2012/13 and 35% in 2015/16. Similarly,  
201 the proportion of households affirming they have limited the variety of food eaten and/or the  
202 portion size at mealtimes also increased through time. These results are consistent with previous  
203 studies related to food security in Nigeria (see George et al., 2020).

204 There is significant variability in the value of agricultural output between food secure and  
205 food insecure households in our sample. Specifically, food-insecure families had less agricultural

206 output value than food-secure households during the first (2010–11) and third (2015–16) waves  
207 of the LSMS-ISA surveys. This may be in part due to the effect of weather on food security.

208 A growing number of studies have shown that climate change, including rainfall variability  
209 and extreme temperatures, affects food production (Burke & Emerick, 2016; Deschênes &  
210 Greenstone, 2007; Schlenker et al., 2006; Schlenker & Roberts, 2009; Taraz, 2018). Change in  
211 climatic conditions directly affects crop yields and indirectly through migration, labor supply, and  
212 adaptation (Alem et al., 2010; Bazzi, 2017; Dillon et al., 2011; Huang et al., 2020; Jessoe et al.,  
213 2018). The average agricultural productivity in our data set is 3,509 USD per hectare<sup>9</sup>. However,  
214 significant variability in agricultural productivity between food secure and food insecure  
215 households in our sample was not found. This difference could be masked by the effects of the  
216 inverse-land size productivity relationship. For reference, in table 2, we also report descriptive  
217 statistics about our main weather variables at the household level based on the growing season.  
218 The definitions of these weather variables are described in the Empirical Framework section.

219 ***[Insert Table 2 here]***

#### 220 **4. Conceptual Framework**

221  
222 We follow a standard constrained utility maximization problem to explain how a Nigerian  
223 household's agricultural output value can affect its food security conditions. We assume a  
224 representative household that derives its utility from food consumption  $F$ . The household's food  
225 consumption demand  $F$  is represented by

$$226 \quad F = F(p, w, Y, K, S). \quad (1)$$

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<sup>9</sup> This value is close to that of Amare et al., (2021) which uses the same database.

227 In equation (1),  $p$  represents the general price level;  $w$  is the wage rate;  $Y$  represents  
 228 income;  $K$  are the inputs used in the production process;  $S$  is a productivity shifter that depicts  
 229 the notion that farmers using identical inputs can have different levels of output, i.e., due to  
 230 different management skills, risk preferences, weather, etc.

231 Following George et al. (2020) and Singh et al. (1986), we credit that agricultural output  
 232 affects food consumption, via different channels, including: (a) price shock, (b) wage shock, (c)  
 233 income shock, (d) input shock, and (e) productivity shocks. From equation (1), we can represent  
 234 the total marginal effect of agricultural output value on food consumption as:

$$235 \quad \frac{\delta F}{\delta A} = \left( \frac{\delta F}{\delta p} \cdot \frac{\delta p}{\delta A} \right) + \left( \frac{\delta F}{\delta w} \cdot \frac{\delta w}{\delta A} \right) + \left( \frac{\delta F}{\delta Y} \cdot \frac{\delta Y}{\delta A} \right) + \left( \frac{\delta F}{\delta K} \cdot \frac{\delta K}{\delta A} \right) + \left( \frac{\delta F}{\delta S} \cdot \frac{\delta S}{\delta A} \right). \quad (2)$$

236 In equation (2),  $A$  represents a household's agricultural output<sup>10</sup>. Given our experience-  
 237 based food security measures are contrariwise to food consumption demand—i.e., families with  
 238 low food consumption answered (Yes=1) when asked if they had to limit the portion size at  
 239 mealtimes and vice versa— it follows that the total marginal effect of agricultural output value  
 240 on food insecurity is represented as:

$$241 \quad \frac{\delta FI_z}{\delta A} = \eta_z \left[ \left( \frac{\delta F}{\delta p} \cdot \frac{\delta p}{\delta A} \right) + \left( \frac{\delta F}{\delta w} \cdot \frac{\delta w}{\delta A} \right) + \left( \frac{\delta F}{\delta Y} \cdot \frac{\delta Y}{\delta A} \right) + \left( \frac{\delta F}{\delta K} \cdot \frac{\delta K}{\delta A} \right) + \left( \frac{\delta F}{\delta S} \cdot \frac{\delta S}{\delta A} \right) \right]. \quad (3)$$

242 In equation (3),  $FI_z$  is the food insecurity measure (Yes=1, No=0) and  $\eta_z$  is the coefficient  
 243 associated with the  $z^{\text{th}}$  food insecurity measure. For the three measures of food insecurity that  
 244 we analyze in this paper, we assume  $\eta_z$  to be negative given the inverse relationship between  $F$

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<sup>10</sup>  $\left( \frac{\delta F}{\delta p} \cdot \frac{\delta p}{\delta A} \right)$  represents the effect of agricultural output on food consumption via its impact on prices;  $\left( \frac{\delta F}{\delta w} \cdot \frac{\delta w}{\delta A} \right)$  represents the effect of agricultural output on food consumption via its impact on wages;  $\left( \frac{\delta F}{\delta Y} \cdot \frac{\delta Y}{\delta A} \right)$  represents the effect of agricultural output on food consumption via changes in income;  $\left( \frac{\delta F}{\delta K} \cdot \frac{\delta K}{\delta A} \right)$  represents the effect of agricultural output on food consumption via its impact on input use;  $\left( \frac{\delta F}{\delta S} \cdot \frac{\delta S}{\delta A} \right)$  represents the effect of agricultural output on food consumption via its impact on productivity.

245 and  $FI_z$ . This means that as  $\eta_z$  increases, the probability of experiencing the  $z^{\text{th}}$  food insecurity  
246 measure decreases, and vice versa. The analysis of the total marginal effect of agricultural  
247 productivity on food security is analogous.

## 248 5. Empirical Framework

249  
250 To quantify the effects of agricultural productivity on food security, we employ two  
251 different linear probability models: (i) a simple pooled OLS regression with fixed effects and time-  
252 varying control variables that might influence food security, and (ii) an instrumental variable  
253 estimation. Following George et al. (2020), we first use pooled OLS regressions where the  
254 different binary outcomes measuring food security are regressed on our measure of agricultural  
255 productivity. The model for this pooled OLS regression with fixed effects and time-varying control  
256 variables that might influence food security is expressed as:

$$257 \quad P(Y_{ijt} | agpr_{ijt}, \mathbf{X}_{ijt}, \mathbf{W}_{ijt}, \boldsymbol{\theta}_j, \boldsymbol{\gamma}_t) = \alpha + \beta \ln(agpr_{ijt}) + \boldsymbol{\psi} \mathbf{X}_{ijt} + \boldsymbol{\lambda} \mathbf{W}_{ijt} + \boldsymbol{\theta}_j + \boldsymbol{\gamma}_t + \varepsilon_{ijt} .$$

258 (4)

259 In equation (4),  $Y_{ijt}$  represents binary food security indicators related to the responses to  
260 the experience-based food security questions for household  $i$ , in LGA  $j$  during time period  $t$ .  $\alpha$  is  
261 the intercept term and  $agpr_{ijt}$  is the agricultural productivity for household  $i$ , in LGA  $j$  during  
262 time period  $t$ .  $\mathbf{X}_{ijt}$  represents a vector of personal and farm-level characteristics that includes  
263 farmer's age, years of schooling, and gender, as well as area planted, irrigation, and labor (on and  
264 off the farm).  $\mathbf{W}_{ijt}$  represents a vector of additional controls, including agro-ecological zones,  
265 soil characteristics, and the month when the post-harvesting questionnaire was administered to  
266 the household, as this was when the food security questions were asked.  $\boldsymbol{\theta}_j$  are local government  
267 area (LGA) fixed effects that capture location time-invariant characteristics.  $\boldsymbol{\gamma}_t$  are survey year

268 fixed effects that capture temporal shocks, which may have influenced household-level food  
269 security measures for each unit of time (George et al., 2020). Finally,  $\varepsilon_{ijt}$  is the idiosyncratic error  
270 term. We report clustered standard errors at the LGA level to account for intra-cluster correlation  
271 when estimating equations (4), (6), and (7) (Abadie et al., 2017).

272         If there were no endogeneity concerns related to reverse causality and no omitted time-  
273 variant individual-level variables, the coefficient  $\beta$  in equation (4) would capture the causal effect  
274 of agricultural productivity on experience-based food security. Nonetheless, if food insecurity  
275 directly affects agricultural productivity, the OLS estimation of equation (4) will produce a biased  
276 estimate for the coefficient  $\beta$ . In addition, agricultural productivity is also expected to be  
277 correlated with unobserved heterogeneity—i.e., variation in plot characteristics, risk  
278 preferences, aspirations, armed conflicts, etc.— which may affect a household's food security.  
279 Although the panel data we use in our analysis minimize the occurrence of these simultaneous  
280 relationships, one can argue that the nature of the data alone cannot fully control it.

281         To address this, we employ an instrumental variable approach that helps us identify the  
282 exogenous variation in agricultural productivity that affects our food security measures. Our  
283 identification strategy exploits exogenous household-level variation in weather to estimate the  
284 exogenous variability in agricultural productivity. The rationale behind our choice of instruments  
285 is guided by the idea of finding that part of agricultural productivity that is affected only by  
286 weather, and consequently, represents only exogenous variation in agricultural productivity,  
287 which ultimately affects food security. Empirically, we need to identify a set of legitimate IVs that  
288 are highly correlated with agricultural productivity but uncorrelated with the outcome: food  
289 security. Following Aragón et al. (2021), we compute a novel measure of cumulative exposure to

290 heat during the growing season: Average Degree Days (ADD). ADD measures the cumulative  
291 exposure to temperatures between a lower bound, usually 8°C, up to an upper threshold, 40°C  
292 (Mayorga et al., 2022). Formally, ADD is defined as:

$$293 \quad ADD = \frac{1}{n} \sum_{d=1}^n (\min(h_d, 40) - 8) 1(h_d \geq 8) . \quad (5)$$

294 In equation (5),  $h_d$  is the average daytime temperature in day  $d$  and  $n$  is the total number  
295 of days in a growing season with valid temperature data. As noted in Aragón et al. (2021),  
296 estimating average degree days instead of total degree days help address missing observations  
297 due to satellite swath errors. Table 2 shows significant variability in the value of average degree  
298 days between food secure and food insecure households in our sample. Specifically, food-  
299 insecure families had fewer average degree days than food-secure households during the first  
300 (2010–11) and second (2012–13) waves of the LSMS-ISA surveys.

301 We use this novel instrument and average daily precipitation (PP) during the growing  
302 season and its square form (PP<sup>2</sup>) as the IV set. This choice of instruments is motivated by the high  
303 dependency of households on rainfall for their agricultural activities. As mentioned before,  
304 irrigation covers only 2.5% of the land of the average farmer in our sample. Therefore,  
305 precipitation and temperatures during the growing season have essential impacts on agricultural  
306 yields, and thus, they can serve as plausible instruments for predicting agricultural productivity  
307 values<sup>11</sup>.

308 The IV approach followed a two-stage estimation procedure. The first stage regression is  
309 expressed as:

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<sup>11</sup> Previous studies relevant to this paper that have used instruments constructed from weather data as proxies of the exogenous variation in agricultural productivity include Amare et al. (2018, 2021), Aragón et al. (2021), Björkman-Nyqvist (2013), and Rocha & Soares (2015).

310 
$$\ln(agpr_{ijt}) = \beta_0 X_{ijt} + \beta_1 W_{ijt} + \beta_2 Z_{ijt} + \zeta_j + \eta_t + v_{ijt} . \quad (6)$$

311 In equation (6),  $Z_{ijt}$  represents a vector of instruments for household  $i$ , in LGA  $j$  during  
 312 period  $t$ .  $\zeta_j$  and  $\eta_t$  stands for the inclusion of LGA and survey year fixed effects in the first stage,  
 313 respectively. Then, the predicted  $\widehat{agpr}_{ijt}$  from the first stage was used in the second stage  
 314 regression:

315 
$$P(Y_{ijt} | \widehat{agpr}_{ijt}, X_{ijt}, W_{ijt}, \theta_j, \gamma_t) = \alpha + \beta \ln(\widehat{agpr}_{ijt}) + \psi X_{ijt} + \lambda W_{ijt} + \theta_j + \gamma_t + \varepsilon_{ijt} . \quad (7)$$

316  $\widehat{agpr}_{ijt}$  is interpreted as the exogenous variability in agricultural productivity instrumented using  
 317 our measures of cumulative exposure to heat and rainfall  $Z_{ijt}$ . The rest of the notations in  
 318 equation (7) are similar to those in equation (4). Estimating the effects of agricultural output  
 319 value on food security followed an analogous procedure.

320 To examine the validity of our instruments, we tested for the relevance of the instruments  
 321 and weak instruments. We assessed the relevance of the instruments by conducting an under-  
 322 identification test based on the Kleibergen-Paap rank L.M. statistic. The null hypothesis of this  
 323 test is that the instruments are not significantly correlated with the endogenous variable (Baum  
 324 et al., 2007; Kleibergen & Paap, 2006). We also used the Stock-Yogo weak identification tests to  
 325 assess the strength of the correlation between the instruments and the endogenous variables.  
 326 The null hypothesis of this test is that instruments are weak and lead to an asymptotic relative  
 327 bias greater than a certain threshold (Stock & Yogo, 2005).

328 **6. Results and Discussion**

329  
 330 In this section, we describe the results obtained from estimating equations (4), (6), and (7). Since  
 331 the equations represent linear probability models, tables 3, 4 and 5 report the regression results  
 332 for the estimated effects of household's agricultural output value and agricultural productivity

333 on the probability of a household: (i) relying on less preferred foods, (ii) limiting the variety of  
334 food eaten, and (c) limiting the portion size at mealtimes. At the aggregate level, these results  
335 are equivalent to the effect of a household's agricultural output value and productivity on the  
336 prevalence of food insecurity as measured by experience-based indicators.

337 Tables 3, 4 and 5 also report the test results for the relevance of the instruments and the  
338 test for weak instruments. The null hypothesis in the under-identification tests (relevance of the  
339 instruments) was rejected in all models, suggesting the instruments are indeed correlated with  
340 the endogenous variable. The hypothesis for the weak instrument test was rejected in the first-  
341 stage regression based on the bias test at a cutoff of 5%-10% maximal IV relative bias level for all  
342 models. The cutoff was less than 5% maximal IV relative bias level for the model presented in  
343 column 4 of table 3. These were based on the Stock-Yogo tabulations (Stock & Yogo, 2005). This  
344 means that the relative bias of the IV estimates with respect to OLS will be no more than 5% or  
345 10% of the bias of OLS, indicating a sufficiently strong IV in the samples. Next, we examine each  
346 table in more detail.

### 347 **6.1 Effects of Agricultural Output and Agricultural Productivity on Experience-based Food** 348 **Security Measures**

349 The estimated coefficients of interest on each corresponding model specifications have a  
350 statistically significant impact on food security as measured by experience-based indicators. Their  
351 signs are in line with the conceptual framework discussed in section 4.

352 Table 3 shows the effects of agricultural output and agricultural productivity on the  
353 probability of a rural household limiting their intake of preferred food, that is, on food insecurity.  
354 Specifically, the table reports the estimated effects of agricultural output (columns 1 and 2) and

355 agricultural productivity (columns 3 and 4) on the likelihood of relying on less desired foods  
356 during the last 7 days.

357 The OLS models (columns 1 and 3) show that a 10% increase in agricultural output value  
358 and/or agricultural productivity decreases the likelihood of a household relying on less preferred  
359 foods (during the last 7 days) by about 0.24%.<sup>12</sup> The IV estimates in columns 2 and 4 of Table 3  
360 show that after controlling for endogeneity, the effects are significantly higher (in absolute terms)  
361 than those obtained by the OLS models. One reason for this type of results is the existence of an  
362 omitted variable that is negatively correlated with agricultural productivity. The omitted variable  
363 would lead to a downward bias in the OLS estimate. In our case, we do not control for armed  
364 conflicts, which negatively correlate to agricultural productivity. In the context of Nigeria, this  
365 negative correlation has been documented by George et al. (2021). Nevertheless, the IV  
366 estimates are robust to this omitted variable bias.

367 Specifically, IV estimates reveal that a 10% increase in agricultural output value and/or  
368 agricultural productivity decreases the probability of a household relying on less preferred foods  
369 (during the last 7 days) by about 3.7%. Indeed, our estimate reveals that after correcting for  
370 endogeneity, the magnitude of parameter estimates improves significantly. A possible  
371 explanation is that weather conditions and variability in weather conditions primarily affect  
372 agricultural output. Thus, rural households have adapted to the impact of weather variability and,  
373 as a result, changed their consumption pattern. Farmers may not know climate change, but by

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<sup>12</sup> Given our linear probability model is a level-log model, the interpretation of our coefficient of interest is as follows: a 1% increase in  $X$  increases  $Y$  by  $(\beta/100)$  units of  $Y$ . If, for example,  $\beta=0.55$ , then a 1% increase in  $X$ , increases  $Y$  by  $(0.55/100=0.0055)$ . Therefore a 10% increase in  $X$ , increases  $Y$  by 0.055. A change from 0 to 0.055 is interpreted as a 5.5% increase in the likelihood of being food insecure.

374 observing weather patterns can adopt climate risk management strategies (Tripathi & Mishra,  
375 2017). In response, smallholders are also quick to adjust their consumption patterns (Khanal &  
376 Mishra, 2017). This finding is consistent with Misselhorn (2005).

377 ***[Insert Table 3 here]***

378 Next, we examine the effect of agricultural output and agricultural productivity on the  
379 likelihood of relying on less preferred foods. The estimates of all models reported in Table 4 are  
380 close to those obtained in Table 3. We will focus on the estimates presented in columns 2 and 4  
381 of Table 4 (IV estimates). The estimated coefficient shows that after controlling for endogeneity,  
382 a 10% increase in agricultural production (value of output) decreases the likelihood of a  
383 household limiting the variety of food they eat (during the last 7 days) by about 4.5%. Likewise,  
384 a 10% increase in agricultural productivity decreases the likelihood of a household limiting the  
385 variety of food they eat (during the last 7 days) by about 3.9%. In both cases, Table 3 and Table  
386 4, agricultural productivity decreases the likelihood of experiencing food insecurity by about the  
387 same magnitude (between 3.7% and 3.9%). This suggest that the effect of an increase in  
388 agricultural output and/or productivity in combating food insecurity among rural Nigerian  
389 households is promising, at least when food security is measured using experience-based  
390 indicators.

391 ***[Insert Table 4 here]***

392 Finally, Table 5 reports the effects of agricultural output and agricultural productivity on  
393 the likelihood of reducing the portion size of meals during the last seven days. Consistent with  
394 previous tables, we report estimates of all model specifications. Likewise, we focus on the  
395 estimates presented in columns 2 and 4 (IV estimates). The estimated coefficient shows that after

396 controlling for endogeneity, a 10% increase in agricultural production (value of output) and/or  
397 agricultural productivity decreases the likelihood of a family limiting their portion size of the food  
398 they eat by about 1.9% during the last seven days. Our finding is consistent with Misselhorn  
399 (2005), who argued that a sudden drop in regional cereal productivity was one of the causes of  
400 food insecurity in Southern Africa.

401 In summary, agricultural productivity growth and, therefore, growth in agricultural output  
402 decreases food insecurity among rural families in Nigeria. Note that agricultural output is  
403 significantly affected by, among other factors, uncertainty in weather conditions and climate  
404 change. Thus, policies that encourage and enhance agricultural productivity are still necessary  
405 and a viable tool to fight food insecurity in Nigeria, especially in the short term.

406 *[Insert Table 5 here]*

## 407 **7. Discussion and Policy Implications**

408  
409 The Nigerian agricultural sector plays a vital role in both the national economy and the lives of  
410 most Nigerians. Recent reports show that rural Nigerians still rely heavily on subsistence farming  
411 and agriculture accounts for most of the rural net income. However, the agricultural sector faces  
412 significant obstacles, notably lower farm productivity. Policymakers have provided incentives to  
413 increase farm output to meet domestic demand and combat rampant food insecurity, especially  
414 in rural areas. During the last decade, some of these efforts have included programs such as  
415 Fadama 3, the Commercial Agriculture Development Project, and the West Africa Agriculture  
416 Productivity Project (WAAPP), which have helped farmers receive improved agricultural  
417 technology. However, and despite these efforts, food insecurity has deteriorated rapidly over the  
418 last decades in Nigeria.

419           The objective of this study was to analyze the impact of agricultural productivity and  
420 agricultural output on food security in Nigeria as measured by experience-based indicators. The  
421 study contributes to our understanding of the role of agriculture on food security in various novel  
422 ways. First, we link agricultural productivity with experience-based food security indicators.  
423 These indicators are more popular among policymakers than nutrition-based measures (e.g.,  
424 Food Consumption Score or Dietary Diversity Score). This is due to the ease they represent at the  
425 moment of data collection, saving time and associated costs, as well as their ease for analysis and  
426 interpretation (Broussard & Tandon, 2016; INDDEx International Dietary Data Expansion Project,  
427 2022). Secondly, our results provide critical insights to national governments and development  
428 agencies working towards increasing agricultural productivity, food, and nutrition security in the  
429 SSA region.

430           Taken together, our results draw one main conclusion: "An increase in agricultural  
431 productivity and output remains an effective means to decrease food insecurity among Nigerian  
432 families." Specifically, our results show that with increased agricultural productivity and output,  
433 Nigerian farm families are able to: (1) decrease the probability of reliance on less preferred foods;  
434 (2) reduce the likelihood of limiting the variety of food consumed, and (3) reduce the probability  
435 of reducing portion size at mealtimes. The associated impacts of a 10% increase in agricultural  
436 productivity (and output) on reducing the likelihood of experiencing food insecurity range  
437 between 1.9% to 4.4% across the different food security measures examined in this paper.

438           These findings are consistent with previous work conducted in Nigeria, highlighting the  
439 importance of agricultural productivity. For example, Amare et al. (2021) find that a 10% increase  
440 in the levels of rainfall-induced agricultural productivity shocks tends to decrease consumption

441 by 3.7% on average. Similarly, The World Bank (2014) finds that a 10% increase in agricultural  
442 productivity reduces the likelihood of being poor by between 2.5% and 3%. While the prevalence  
443 of food insecurity, poverty, and consumption do not always overlap (Barrett, 2010), our results  
444 suggest that changes in agricultural productivity have similar effects over these multidimensional  
445 welfare indicators for Nigerian farmers.

446 Although theoretically income from other nonfarm activities could have larger impacts,  
447 our results show a sizeable effect of agricultural productivity over food security. This highlights  
448 the importance of agriculture in Nigeria. It also suggests that improvements in agricultural  
449 productivity are still an effective means to reduce rural poverty and food security in the country.

450 Based on our results, we draw two main policy implications. First, since production  
451 agriculture in Nigeria is highly dependent on weather, mitigating the effects of extreme weather  
452 events (or weather shocks) could shore up agricultural productivity in Nigeria, contributing to  
453 fighting food insecurity in the country. To this end, irrigation infrastructure is of utmost  
454 importance. The Government of Nigeria has conducted projects to improve access of small  
455 farmers' access. However, challenges remain when it comes to providing this type of service—  
456 notably related to security issues. To minimize interruptions in the execution and provision of  
457 irrigation services, policymakers should address security issues first, especially if the targeted  
458 areas are prone to crime, which is common in the North and North-West areas of the country  
459 affected by Boko Haram. Recent experiences, such as those from the "Transforming Irrigation  
460 and Water Resources Management Project," showcase the importance of addressing violence  
461 and conflict issues during the design of policy interventions rather than reacting to incidents.

462           Second, although increasing access to modern inputs like fertilizer and herbicides could  
463 increase agricultural productivity and, in turn, strengthen food security, one of the main  
464 constraints that remain in the Nigerian agricultural sector is the low rates of input use. In this  
465 context, the policy design process needs to factor in that Nigeria has already experimented with  
466 various fertilizer subsidy programs in the past. These programs were targeted at increasing  
467 agricultural productivity. Nonetheless, they have proved unsuccessful. These interventions have  
468 been documented to distort input markets, be very expensive, and ultimately fail to reach the  
469 smallholder farmers who were the intended beneficiaries (Eboh et al., 2011; Phillip et al., 2009;  
470 Takeshima & Yamauchi, 2012). Recent evidence suggests that non-poor households appear to  
471 have more access to agriculture advice than poor households (World Bank, 2014). Thus,  
472 policymakers can explore alternative interventions to facilitate access to education, disseminate  
473 climate change information, and provide extension services that educate farmers on adopting  
474 agro-climatic resilience in crop production, especially in arid lands. Implementing targeted  
475 interventions could significantly reduce Nigerians' food insecurity for all rural areas. The  
476 availability of information on changes in weather patterns may be fruitful in raising awareness  
477 among smallholders in Nigeria on the threats that climate change poses on agriculture  
478 productivity and thereby improving food security. In addition, to build climate resilience the  
479 government of Nigeria could emphasize land quality, natural ecosystem, and water resources  
480 management.

481           Finally, although our results might not let us ascertain definitive causality between  
482 agricultural productivity and food security, through our analysis, we are able to show a strong  
483 link between increased agricultural productivity and food security in rural Nigeria—as measured

484 by experience-based indicators. We offer this link is robust to different food security indicators,  
485 and it holds to two alternatives variables (agricultural output value and agricultural productivity).  
486 Thus, policies favorable to increasing agricultural productivity remain an effective means to  
487 reduce food insecurity in the country.

**Table 1. Summary Statistics: Household and Farm Characteristics**

Variable	Mean	SD
Age of household head (years)	49.56	14.43
Female headed household (female = 1)	0.06	0.24
Educational attainment of household head (years)	4.22	4.61
Area planted (hectares)	1.06	1.31
Irrigated land (% of landholding)	0.02	0.13
Number of household members working on farm	2.46	2.07
Cost of hired labor (2010 USD)	1020.19	5630.24
Observations	3658	

**Table 2. Summary Statistics: Food Security and Weather**

	Have Relied on Less Preferred Foods During the Last 7 Days			Have Limited the Variety of Food Eaten During the Last 7 Days			Have Limited Portion Size at Meal Times During the Last 7 Days		
	No	Yes	Diff.	No	Yes	Diff.	No	Yes	Diff.
<b>Panel A: First Wave (2010/11)</b>									
Agricultural output value	1921.55	1125.01	796.54*	1853.89	840.09	1013.80*	1863.86	766.28	1097.58
Ag. productivity	5347.09	2918.36	2428.73	5057.79	2969.17	2088.62	5058.11	2879.67	2178.44
Degree days	25.12	23.74	1.38***	25.22	22.84	2.38***	25.07	22.75	2.32***
Precipitation (mm/day)	4.52	5.71	-1.19***	4.41	6.22	-1.82***	4.58	6.29	-1.71***
Observations	1074	214		1112	130		1209	94	
Percentage	0.83	0.17		0.90	0.10		0.93	0.07	
<b>Panel B: Second Wave (2012/13)</b>									
Agricultural output value	1772.12	1438.13	333.98	1734.46	1558.55	175.91	1699.57	1668.42	31.16
Ag. productivity	2892.67	2662.07	230.61	2788.78	3066.89	-278.1	2763.25	3380.22	-616.97
Degree days	25.93	25.83	0.09	25.96	25.47	0.49***	25.96	25.35	0.60***
Precipitation (mm/day)	4.26	4.58	-0.33***	4.27	4.70	-0.44***	4.29	4.79	-0.50***
Observations	990	327		1093	219		1189	134	
Percentage	0.75	0.25		0.83	0.17		0.90	0.10	
<b>Panel C: Thrid Wave (2015/16)</b>									
Agricultural output value	1801.17	1273.09	528.08***	1736.92	1218.44	518.48**	1686.56	1031.05	655.52**
Ag. productivity	2664.50	2651.38	13.13	2627.42	2672.39	-44.97	2723.22	2171.89	551.34
Degree days	26.55	27.08	-0.53***	26.70	26.86	-0.16	26.72	26.63	0.08
Precipitation (mm/day)	4.01	3.78	0.23***	3.92	3.85	0.08	3.92	3.81	0.11
Observations	660	363		763	258		887	145	
Percentage	0.65	0.35		0.75	0.25		0.86	0.14	

Notes: Agricultural output value in 2010 USD. Agricultural Productivity in 2010 USD per hectare. Degree days and precipitation at the household level based on the growing season period only. No and Yes columns represent mean values of variables for households who answered No and Yes to the food security question in the first row, respectively. Column Diff. represents difference in means. Asterisks, \*, \*\*, and \*\*\* represent  $p < .10$ ,  $p < 0.5$ , and  $p < 0.01$ , respectively, associated with the test of equality of outcomes.

**Table 3. Effects of Agricultural Productivity and Output Values on the Probability of Households Relying on Less Preferred Foods**

VARIABLES	Dependent Variable: Have Relied on Less Preferred Foods During the Last 7 Days (Yes = 1, No = 0)			
	(1) OLS	(2) IV	(3) OLS	(4) IV
Agricultural output value	-0.024*** (0.008)	-0.378** (0.158)	- -	- -
Agricultural productivity	- -	- -	-0.024*** (0.007)	-0.374*** (0.121)
Age	0.000 (0.003)	0.006 (0.005)	0.000 (0.003)	0.003 (0.005)
Female headed household	-0.006 (0.036)	-0.101 (0.071)	-0.006 (0.036)	-0.014 (0.048)
Education	-0.005*** (0.002)	-0.005* (0.002)	-0.005*** (0.002)	-0.005** (0.003)
Demographic Characteristics Controls	Yes	Yes	Yes	Yes
Farm Characteristics and Labor Controls	Yes	Yes	Yes	Yes
AgroEcological Zones Fixed Effects	Yes	Yes	Yes	Yes
Year Fixed Effects	Yes	Yes	Yes	Yes
Interview-Month Fixed Effects	Yes	Yes	Yes	Yes
Soil Characteristics Fixed Effects	Yes	Yes	Yes	Yes
LGA Fixed Effects	Yes	Yes	Yes	Yes
Underidentification Test				
Kleibergen-Paap rk LM statistic (Chi-sq)		8.976**		13.267***
Weak Identification Test				
Cragg-Donald Wald F statistic		11.379		14.444
Relative Bias		5%-10%		<5%
Observations	3615	3615	3615	3615

Notes: Asterisks \*, \*\*, and \*\*\* denote significance at the 10%, 5%, and 1% levels, respectively. Standard errors clustered at the LGA level in parenthesis. Agricultural output value and agricultural productivity calculated using Laspeyres index and given in log form. Complete regression results with all control variables, including IV First Stage regression results, are shown in Appendix. Stock–Yogo tabulations based on the Cragg–Donald statistic were used for the weak identification test.

**Table 4. Effects of Agricultural Productivity and Output Values on the Probability of Households Limiting the Variety of Food Eaten**

VARIABLES	Dependent Variable: Have Limited the Variety of Food Eaten During the Last 7 Days (Yes = 1, No = 0)			
	(1) OLS	(2) IV	(3) OLS	(4) IV
Agricultural output value	-0.023*** (0.007)	-0.445*** (0.134)	- -	- -
Agricultural Productivity	- -	- -	-0.020*** (0.006)	-0.393*** (0.097)
Age	0.005* (0.002)	0.012** (0.005)	0.005* (0.003)	0.007* (0.004)
Female headed household	0.042 (0.036)	-0.106 (0.071)	0.045 (0.036)	0.011 (0.049)
Education	-0.003 (0.002)	-0.002 (0.002)	-0.003* (0.002)	-0.003 (0.002)
Irrigation and Hired Labor Controls	Yes	Yes	Yes	Yes
Off-farm Labor Controls	Yes	Yes	Yes	Yes
AgroEcological Zones Fixed Effects	Yes	Yes	Yes	Yes
Year Fixed Effects	Yes	Yes	Yes	Yes
Interview-Month Fixed Effects	Yes	Yes	Yes	Yes
Soil Characteristics Fixed Effects	Yes	Yes	Yes	Yes
LGA Fixed Effects	Yes	Yes	Yes	Yes
Underidentification Test				
Kleibergen-Paap rk LM statistic (Chi-sq)		8.311**		13.936***
Weak Identification Test				
Cragg-Donald Wald F statistic		9.892		12.814
Relative Bias		5%-10%		5%-10%
Observations	3560	3560	3560	3560

Notes: Asterisks \*, \*\*, and \*\*\* denote significance at the 10%, 5%, and 1% levels, respectively. Standard errors clustered at the LGA level in parenthesis. Agricultural output value and agricultural productivity calculated using Laspeyres index and given in log form. Complete regression results with all control variables, including IV First Stage regression results, are shown in Appendix. Stock–Yogo tabulations based on the Cragg–Donald statistic were used for the weak identification test.

**Table 5. Effects of Agricultural Productivity and Output Values on the Probability of Households Limiting the Portion Size at Mealtimes**

VARIABLES	Dependent Variable: Have Limited Portion Size at Meal Times During the Last 7 Days (Yes = 1, No = 0)			
	(1) OLS	(2) IV	(3) OLS	(4) IV
Agricultural output value	-0.020*** (0.006)	-0.198** (0.083)	- -	- -
Agricultural Productivity	- -	- -	-0.016*** (0.005)	-0.187*** (0.069)
Age	0.002 (0.002)	0.005* (0.003)	0.002 (0.002)	0.003 (0.003)
Female headed household	0.016 (0.029)	-0.043 (0.043)	0.020 (0.029)	0.004 (0.031)
Education	-0.002 (0.001)	-0.002 (0.001)	-0.002 (0.001)	-0.002 (0.002)
Irrigation and Hired Labor Controls	Yes	Yes	Yes	Yes
Off-farm Labor Controls	Yes	Yes	Yes	Yes
AgroEcological Zones Fixed Effects	Yes	Yes	Yes	Yes
Year Fixed Effects	Yes	Yes	Yes	Yes
Interview-Month Fixed Effects	Yes	Yes	Yes	Yes
Soil Characteristics Fixed Effects	Yes	Yes	Yes	Yes
LGA Fixed Effects	Yes	Yes	Yes	Yes
Underidentification Test				
Kleibergen-Paap rk LM statistic (Chi-sq)		9.055**		11.968**
Weak Identification Test				
Cragg-Donald Wald F statistic		12.530		12.987
Relative Bias		5%-10%		5%-10%
Observations	3641	3641	3641	3641

Notes: Asterisks \*, \*\*, and \*\*\* denote significance at the 10%, 5%, and 1% levels, respectively. Standard errors clustered at the LGA level in parenthesis. Agricultural output value and agricultural productivity calculated using Laspeyres index and given in log form. Complete regression results with all control variables, including IV First Stage regression results, are shown in Appendix. Stock–Yogo tabulations based on the Cragg–Donald statistic were used for the weak identification test.

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## Appendix

**Table A1. Effects of Agricultural Output Values on the Probability of Households Relying on Less Preferred Foods- First Stage Regression & Robustness Tests**

First-stage regressions

First-stage regression of lnoutput:

Statistics robust to heteroskedasticity and clustering on lga

Number of obs = **3615**

Number of clusters (lga) = **254**

lnoutput	Coefficient	Robust std. err.	t	P> t	[95% conf. interval]	
dd840	.024345	.0352776	0.69	0.490	-.0448212	.0935112
rfavg	.7107022	.1774839	4.00	0.000	.3627225	1.058682
rfavg2	-.063617	.0143866	-4.42	0.000	-.0918237	-.0354103
age	.016861	.0078311	2.15	0.031	.0015071	.032215
age2	-.0001642	.0000744	-2.21	0.027	-.0003101	-.0000184
female	-.2746229	.1065298	-2.58	0.010	-.4834882	-.0657577
edu	.0006778	.0045886	0.15	0.883	-.0083188	.0096744
shareirrigatedpc	.004888	.0018297	2.67	0.008	.0013008	.0084753
lnhownfarmworknum	.0553106	.0149189	3.71	0.000	.0260603	.084561
lnhiredlaborusd	.0498031	.0068674	7.25	0.000	.0363386	.0632675
lnareaplantedha	.3603109	.0251524	14.33	0.000	.3109964	.4096254
dhhofffarmwork	-.1329817	.0800924	-1.66	0.097	-.290013	.0240496
dhhofffarmwork_ph	.0920547	.0622563	1.48	0.139	-.0300067	.2141161

F test of excluded instruments:

F( 3, 253) = **6.75**

Prob > F = **0.0002**

Sanderson-Windmeijer multivariate F test of excluded instruments:

F( 3, 253) = **6.75**

Prob > F = **0.0002**

Underidentification test (Kleibergen-Paap rk LM statistic): 8.976  
Chi-sq(3) P-val = 0.0296

Weak identification test (Cragg-Donald Wald F statistic): 11.379

Stock-Yogo weak ID test critical values:

	5% maximal IV relative bias	13.91
	10% maximal IV relative bias	9.08
	20% maximal IV relative bias	6.46
	30% maximal IV relative bias	5.39

**Table A2. Effects of Agricultural Output Values on the Probability of Households Limiting the Variety of Food Eaten - First Stage Regression & Robustness Tests**

First-stage regressions

First-stage regression of lnoutput:

Statistics robust to heteroskedasticity and clustering on lga

Number of obs = 3560

Number of clusters (lga) = 251

lnoutput	Coefficient	Robust std. err.	t	P> t	[95% conf. interval]	
dd840	.0213969	.0351318	0.61	0.543	-.0474838	.0902777
rfavg	.6897694	.1876166	3.68	0.000	.3219211	1.057618
rfavg2	-.0620149	.0159671	-3.88	0.000	-.0933206	-.0307092
age	.0176607	.0078358	2.25	0.024	.0022975	.0330239
age2	-.0001734	.0000746	-2.32	0.020	-.0003198	-.0000271
female	-.3638883	.0998557	-3.64	0.000	-.5596692	-.1681074
edu	.0002556	.0046822	0.05	0.956	-.0089244	.0094357
shareirrigatedpc	.0041446	.0017627	2.35	0.019	.0006887	.0076006
lnhownfarmworknum	.0536684	.0146242	3.67	0.000	.0249957	.082341
lnhiredlaborusd	.0531608	.0068585	7.75	0.000	.0397137	.0666079
lnareaplantedha	.3515	.02506	14.03	0.000	.3023664	.4006337
dhhofffarmwork	-.1430976	.083394	-1.72	0.086	-.306603	.0204077
dhhofffarmwork_ph	.106358	.0633962	1.68	0.094	-.017939	.230655

F test of excluded instruments:

F( 3, 250) = 5.32

Prob > F = 0.0014

Sanderson-Windmeijer multivariate F test of excluded instruments:

F( 3, 250) = 5.32

Prob > F = 0.0014

Underidentification test (Kleibergen-Paap rk LM statistic): 8.311  
 Chi-sq(3) P-val = 0.0400

Weak identification test (Cragg-Donald Wald F statistic): 9.892  
 Stock-Yogo weak ID test critical values: 5% maximal IV relative bias 13.91  
 10% maximal IV relative bias 9.08  
 20% maximal IV relative bias 6.46  
 30% maximal IV relative bias 5.39

**Table A3. Effects of Agricultural Output Values on the Probability of Households Limiting the Portion Size at Mealtimes - First Stage Regression & Robustness Tests**

First-stage regressions

First-stage regression of lnoutput:

Statistics robust to heteroskedasticity and clustering on lga  
 Number of obs = 3641  
 Number of clusters (lga) = 252

lnoutput	Robust				
	Coefficient	std. err.	t	P> t	[95% conf. interval]
dd840	.037207	.0354057	1.05	0.293	-.0322102 .1066242
rfavg	.7153311	.1750494	4.09	0.000	.3721253 1.058537
rfavg2	-.0646252	.0140768	-4.59	0.000	-.0922246 -.0370259
age	.0201391	.0075956	2.65	0.008	.0052469 .0350313
age2	-.0001947	.0000722	-2.70	0.007	-.0003363 -.0000531
female	-.3423069	.1027991	-3.33	0.001	-.5438571 -.1407567
edu	-.0005863	.0046104	-0.13	0.899	-.0096255 .0084529
shareirrigatedpc	.0049934	.0019484	2.56	0.010	.0011734 .0088135
lnhownfarmworknum	.0485204	.0145172	3.34	0.001	.0200577 .0769831
lnhiredlaborusd	.050988	.0069098	7.38	0.000	.0374406 .0645354
lnareaplantedha	.3576282	.0253008	14.14	0.000	.3080229 .4072336
dhhofffarmwork	-.1026217	.0808206	-1.27	0.204	-.2610805 .055837
dhhofffarmwork_ph	.0917723	.0614173	1.49	0.135	-.0286438 .2121884

F test of excluded instruments:

F( 3, 251) = 7.20

Prob > F = 0.0001

Sanderson-Windmeijer multivariate F test of excluded instruments:

F( 3, 251) = 7.20

Prob > F = 0.0001

Underidentification test (Kleibergen-Paap rk LM statistic): 9.055  
 Chi-sq(3) P-val = 0.0286

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 Weak identification test (Cragg-Donald Wald F statistic): 12.530  
 Stock-Yogo weak ID test critical values: 5% maximal IV relative bias 13.91  
 10% maximal IV relative bias 9.08  
 20% maximal IV relative bias 6.46  
 30% maximal IV relative bias 5.39

**Table A4. Effects of Agricultural Productivity on the Probability of Households Relying on Less Preferred Foods- First Stage Regression & Robustness Tests**

First-stage regressions

First-stage regression of lnprod:

Statistics robust to heteroskedasticity and clustering on lga  
 Number of obs = 3615  
 Number of clusters (lga) = 254

lnprod	Robust				
	Coefficient	std. err.	t	P> t	[95% conf. interval]
dd840	-.0149379	.0421063	-0.35	0.723	-.0974926 .0676168
rfavg	.8690776	.174389	4.98	0.000	.5271658 1.210989
rfavg2	-.0771945	.0126885	-6.08	0.000	-.1020719 -.0523172
age	.0089933	.0088838	1.01	0.311	-.0084245 .0264111
age2	-.0001058	.0000837	-1.26	0.206	-.0002698 .0000582
female	-.034384	.0995943	-0.35	0.730	-.2296514 .1608834
edu	-.0014337	.005113	-0.28	0.779	-.0114583 .0085909
shareirrigatedpc	.0044836	.0022352	2.01	0.045	.0001012 .008866
lnhownfarmworknum	.0305274	.0169801	1.80	0.072	-.0027642 .063819
lnhiredlaborusd	.0250665	.0078549	3.19	0.001	.0096659 .0404671
dhhofffarmwork	-.1077159	.0886975	-1.21	0.225	-.2816185 .0661868
dhhofffarmwork_ph	.1073622	.0649891	1.65	0.099	-.0200572 .2347817

F test of excluded instruments:

F( 3, 253) = 15.03

Prob > F = 0.0000

Sanderson-Windmeijer multivariate F test of excluded instruments:

F( 3, 253) = 15.03

Prob > F = 0.0000

Underidentification test (Kleibergen-Paap rk LM statistic): 13.267  
 Chi-sq(3) P-val = 0.0041

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 Weak identification test (Cragg-Donald Wald F statistic): 14.444  
 Stock-Yogo weak ID test critical values: 5% maximal IV relative bias 13.91  
 10% maximal IV relative bias 9.08  
 20% maximal IV relative bias 6.46  
 30% maximal IV relative bias 5.39

**Table A5. Effects of Agricultural Productivity on the Probability of Households Limiting the Variety of Food Eaten - First Stage Regression & Robustness Tests**

First-stage regressions

First-stage regression of lnprod:

Statistics robust to heteroskedasticity and clustering on lga

Number of obs = 3560

Number of clusters (lga) = 251

lnprod	Robust		t	P> t	[95% conf. interval]	
	Coefficient	std. err.				
dd840	-.0185678	.0422585	-0.44	0.660	-.1014215	.0642858
rfavg	.8521409	.1801842	4.73	0.000	.498865	1.205417
rfavg2	-.0747143	.0140174	-5.33	0.000	-.1021974	-.0472312
age	.0074508	.0090221	0.83	0.409	-.0102382	.0251398
age2	-.0000917	.0000852	-1.08	0.282	-.0002587	.0000753
female	-.1135978	.0974836	-1.17	0.244	-.3047278	.0775323
edu	-.0028027	.005178	-0.54	0.588	-.0129548	.0073494
shareirrigatedpc	.0034051	.0021267	1.60	0.109	-.0007645	.0075748
lnhownfarmworknum	.0295304	.0167656	1.76	0.078	-.0033409	.0624016
lnhiredlaborusd	.0299745	.0077947	3.85	0.000	.0146919	.0452571
dhhofffarmwork	-.1073694	.090331	-1.19	0.235	-.2844757	.069737
dhhofffarmwork_ph	.1157134	.065431	1.77	0.077	-.0125731	.244

F test of excluded instruments:

F( 3, 250) = 11.76

Prob > F = 0.0000

Sanderson-Windmeijer multivariate F test of excluded instruments:

F( 3, 250) = 11.76

Prob > F = 0.0000

Underidentification test (Kleibergen-Paap rk LM statistic): 13.936  
 Chi-sq(3) P-val = 0.0030

-----  
 Weak identification test (Cragg-Donald Wald F statistic): 12.814  
 Stock-Yogo weak ID test critical values: 5% maximal IV relative bias 13.91  
 10% maximal IV relative bias 9.08  
 20% maximal IV relative bias 6.46  
 30% maximal IV relative bias 5.39

**Table A6. Effects of Agricultural Productivity on the Probability of Households Limiting the Portion Size at Mealtimes - First Stage Regression & Robustness Tests**

First-stage regressions

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First-stage regression of lnprod:

Statistics robust to heteroskedasticity and clustering on lga  
 Number of obs = 3641  
 Number of clusters (lga) = 252

lnprod	Coefficient	Robust std. err.	t	P> t	[95% conf. interval]	
dd840	-.0086372	.0423619	-0.20	0.838	-.0916929	.0744184
rfavg	.8226011	.1776117	4.63	0.000	.4743716	1.170831
rfavg2	-.0706565	.0136372	-5.18	0.000	-.0973939	-.0439191
age	.0107569	.0086136	1.25	0.212	-.0061312	.0276451
age2	-.0001226	.000081	-1.51	0.130	-.0002815	.0000363
female	-.1096986	.096324	-1.14	0.255	-.2985537	.0791564
edu	-.0034563	.0051066	-0.68	0.499	-.0134684	.0065559
shareirrigatedpc	.0046591	.0023335	2.00	0.046	.0000839	.0092343
lnhownfarmworknum	.0229717	.0168512	1.36	0.173	-.0100671	.0560105
lnhiredlaborusd	.0262376	.0079461	3.30	0.001	.0106583	.041817
dhhofffarmwork	-.0797826	.0906694	-0.88	0.379	-.2575511	.0979859
dhhofffarmwork_ph	.1104389	.0659044	1.68	0.094	-.0187748	.2396525

F test of excluded instruments:  
 F( 3, 251) = 10.60  
 Prob > F = 0.0000

Sanderson-Windmeijer multivariate F test of excluded instruments:  
 F( 3, 251) = 10.60  
 Prob > F = 0.0000

Underidentification test (Kleibergen-Paap rk LM statistic): 11.968  
 Chi-sq(3) P-val = 0.0075

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 Weak identification test (Cragg-Donald Wald F statistic): 12.987  
 Stock-Yogo weak ID test critical values: 5% maximal IV relative bias 13.91  
 10% maximal IV relative bias 9.08  
 20% maximal IV relative bias 6.46  
 30% maximal IV relative bias 5.39